



## Weight Loss Surgery Program Referrals

HealthPartners has developed a pre-weight loss surgery curriculum designed to prepare individuals for the lifestyle changes that weight loss surgery requires. This course is required prior to authorizing weight loss surgery for a HealthPartners member.

This is a phone-based weight management program facilitated by a Registered Dietitian and Health Educator with experience in behavior change and bariatric surgery. It is intended to supplement, not replace, any educational visits with individual surgeon groups.

For additional details, please visit the [Weight loss and bariatric surgery page](#) on our Provider Portal.

### Making a program referral:

Use the [Disease, Case and Lifestyle Management](#) form to submit your program referral.

- Weight loss surgery program referrals are made on the HealthPartners Provider Portal. You can make a referral without logging in. However, if you have or create an account, your information will auto-populate when completing the form.
- Fill out all required fields on the form. When you reach “Services Available”, go to the “Lifestyle Management” section of the form. Select “Weight Loss Surgery” (see image below).
- Once a referral is submitted, we will attempt to reach the member within one business day to enroll them in the program. We will attempt to reach members up to 3 times for enrollment.

#### Services Available

Telephonic support for patients who need assistance in managing their health. Services are tailored to best support the patient in reaching their health goals.

There is no cost to the patient.

<b>Case Management</b> Telephonic support for patients at risk of hospitalization		
<input type="checkbox"/> Medical		
<input type="checkbox"/> Behavioral Health		
<input type="checkbox"/> Restricted Recipient (Chemical misuse/addiction; inappropriately seeking care from multiple providers)		
<b>Disease or Condition</b> Telephonic support and education for patients with select conditions		
<input type="checkbox"/> Asthma	<input type="checkbox"/> ALS	<input type="checkbox"/> CDP
<input type="checkbox"/> Back Pain	<input type="checkbox"/> Cystic Fibrosis	<input type="checkbox"/> Dermatomyositis
<input type="checkbox"/> Cancer	<input type="checkbox"/> Gaucher Disease	<input type="checkbox"/> Hemophilia
<input type="checkbox"/> COPD	<input type="checkbox"/> Multiple Sclerosis	<input type="checkbox"/> Myasthenia Gravis
<input type="checkbox"/> Coronary Artery Disease	<input type="checkbox"/> Parkinson's Disease	<input type="checkbox"/> Polymyositis
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Rheumatoid Arthritis	<input type="checkbox"/> Scleroderma
<input type="checkbox"/> Healthy Pregnancy	<input type="checkbox"/> Sickle Cell Anemia	<input type="checkbox"/> Systemic Lupus
<input type="checkbox"/> Heart Failure		
<b>Lifestyle Management</b> Telephonic coaching to support lifestyle changes		
<input type="checkbox"/> Tobacco Cessation	<input type="checkbox"/> Adult Obesity Telephone Coaching	<input checked="" type="checkbox"/> Weight Loss Surgery

### Checking course status:

- Course completion will be tracked internally and reviewed as part of the prior authorization process. If you have questions regarding course status, referring providers can call our coaching team directly to request an update at 952-967-7096 or 1-800-720-1687.
- Members need to complete five phone sessions prior to surgery. As designed, completion of the phone program should not delay determination of surgery date. Calls are typically scheduled every two weeks (sometimes further apart).



- Once patients have completed their five sessions, the phone course team will notify our Utilization Management team as they will need this information for when they receive your prior authorizations for the surgery.

#### **Questions?**

- For questions on phone course status, please contact our coaching team at 952-967-7096. Please note, we will also track this internally as part of our prior authorization process.